

# Is it More Expensive to Hire a Mover or Do it Yourself?



While moving yourself may seem like a more cost-effective option, hidden costs can add up quickly.

## Here is what's included when you:

	MOVE WITH ATLAS® VAN LINES	RENT A MOVING TRUCK YOURSELF
MOVING TRUCK OR VAN		
GAS & MILEAGE		
PROFESSIONAL, EXPERIENCED MOVERS		
MOVING EQUIPMENT FOR HEAVY AND FRAGILE ITEMS		

If you are moving yourself long-distance and need to stay overnight, you also need to factor in the cost of:



HOUSING



MEALS



LOST WAGES



CHILDCARE



PET CARE



Atlas® is a reliable and efficient option for those looking to move on a reasonable budget. Our team of experienced movers ensures that your belongings are handled with care and reach their destination safely. Atlas provides free, no-obligation quotes to help you plan your move within your budget.