# QUESTIONS TO ASK YOURSELF

# AS YOU PACK UP YOUR ROOM:



Have I used this in the past year?





If I didn't have this, would I buy it again?





Does this thing work?





Is there room for this in my new home?





Is this difficult or expensive to move?





## WHAT TO GET RID OF IN YOUR:

**Living Room** 







Books

Old or Damaged Furniture

**Broken Electronics** 









Old Rugs

### Kitchen



**Expired Pantry Items** 



**Unused Countertop Appliances** 



Old Cookware



**Unused Dishware** 



The Junk Drawer

#### Bedroom



Old Clothes and Shoes



Bedding



Mattresses



Forgotten Toys



Organization Items

### Bathroom



**Expired Medications** 



Old or Unused Toiletries



Bathmats



Plungers



**Toilet Brushes** 

